

9 AM

GUEST CHECK-IN / VISIT EXHIBITS

BENEFITS CLINIC & WITNESS TO WAR INTERVIEWS

9 AM - 11 AM

11 AM

GRAB AND GO! LUNCH PROVIDED BY COX 11 AM - 11:30 AM

11:30 AM

EMCEE
 Nneka Chiazor
 Cox
 Communications



OPENING CEREMONY
Virginia National Guard
 Posting of the Colors
 Invocation / Moment of Silence
 National Anthem

Pledge of Allegiance
 - Bobbie Blakely, VDVS



WELCOME REMARKS

- * Mayor Donnie Tuck (Hampton)
- * John L. Newby, II, Commissioner, Virginia DVS
- * Carlos Hopkins, Secretary, Veteran and Defense Affairs
- * Seda Goff, Director, PENFED, Veteran Entrepreneurship

2018 WOMEN VETERAN ROUNTABLES - Delegate Kathleen Murphy



11:30 AM - 12:25 PM

BREAK
 12:25 PM - 12:40 PM

REMARKS - JD MYERS, COX COMMUNICATIONS REGIONAL VP 12:40 PM - 12:45 PM

12:45 PM

IT TAKES GRIT! THE VALUE OF AN ENTREPRENEURIAL MINDSET






Misty Stutsman
 IVMF, Syracuse University
(moderator)

Charlynda Scales
 Mutt's Sauce LLC

Lashanda Thornton
 Uncle Dave's Kettle Korn

Carlota Zimmerman, J.D.
 Carlota WorldWide

12:45 PM - 1:30 PM

1:30 PM

HER PITCH: WOMEN IN THE MILITARY COMMUNITY PITCH CONTEST

A total of \$10,000 will be awarded to selected Virginia-based women-owned businesses where the business owner is also a veteran, active duty service member, guard/reservist, or military spouse. See the competition unfold!

Judges: Monique Adams, 757 Angels, Emily McMahan, Capitol Post, J.D. Myers Cox Communications

1:30 PM - 2:30 PM

2:30 PM

STATE OF WOMEN VETERANS 2018 Research Discussion & Future Strategies



Chanty Clay, Ph.D.
 Senior Vice President HR
 Wells Fargo

ANNOUNCEMENT OF PITCH COMPETITION WINNERS



BREAK
 2:50 PM - 3:00 PM

2:30 PM - 3:00 PM

3 PM

SPOUSE LIFE: AFTER YOU SERVED






Moderator: Charlie Palumbo
 Panelists: Meg Hendricks, Miranda Jones, Taniki Richard
room 201

WHAT'S YOUR VISION? Create your own transition path








Moderator: Alison Foster
 Panelists: Jacquelyn Hayes-Byrd, Jana Means, Kenneth Miller, Amanda Slosson
room 203

MISSION HEALTHY



Speaker: Kristi Holt
 Senior Resource Specialist
 Virginia Veteran and Family Support
room 205

3:00 PM - 4:00 PM

4 PM

HireWomenVETS Now - Evening Reception 4:00 PM - 6:00 PM

SAVVY LADIES AND THEIR FINANCES



Speaker: Johnnie Lloyd
 Johnnie Lloyd and Associates
room 202

PROFESSIONALLY CURIOUS: CREATING A NEW PATH FOR YOUR LIFE



Speaker: Charmin Rickards
 Teachable Learnable Solutions, LLC
room 204

FRIDAY, MAY 17

EMPOWERED



#LEADTHEWAY

7:45 AM

GET ENERGIZED!

WITH LIGHT BREAKFAST PROVIDED BY DOMINION ENERGY

7:45 AM - 8:30 AM

8:30 AM

EMCEE

Nneka Chiazor
Cox
Communications



REMARKS

Beverly VanTull
VWVP Manager



GREETINGS

Mrs. Pam Northam,
First of Lady of
Virginia



PRESENTATION OF AWARDS

- Trailblazers Award
- Change Makers Award
- V3 Employers - Most Women Veterans Hired since 2018
- Recognition of Vietnam Era or legacy Veterans
- Video Remarks from Senator Mark Warner



8:30 AM - 9:30 AM

BREAK

9:30 AM - 9:50 AM

JACQUELYN HAYES-BYRD, EXECUTIVE DIRECTOR,
CENTER FOR WOMEN VETERANS
DVA CENTER FOR WOMEN VETERANS

9:50 AM - 10:00 AM

10 AM

#BEYONDTHEWAY SPONSOR PRESENTS A THOUGHTFUL CONVERSATION:

"What does respect look like after the military?"

PRESENTED BY **COX** 10:00 AM - 10:50 AM



DOMINION ENERGY :
VIDEO REMARKS
10:50 AM - 10:55 AM

LINKEDIN "MAKE YOUR SMARTPHONE PROFILE EVEN SMARTER AND YOUR LIFE EASIER"

10:55 AM - 11:40 AM



MINDFUL & MOTIVATED

William Rodriguez, MSW
Founder at Torii Coaching and Consulting

11:40 AM - 12:00 PM

NETWORKING BREAK GRAB'N'GO LUNCH

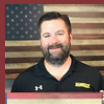
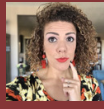
provided by **VDOT**
Virginia Department of Transportation

12:30 PM

STAYING ON TRACK



Moderator:
Nikki Zellner



Panelists: Justine Evirs, Chelsea Mandello, Evans McMillion, Mike Taylor

room #201

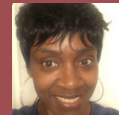
RADICAL REVOLUTION



Moderator: Adrienne Johnson
Panelists: Renee Foster, Ellen Haring

room #202

BUILDING A CAREER TAKES STRATEGY



Moderator:
Cheryl Collins



Panelist:
Olivia Nunn



Panelist:
Heather Redenius



Panelist:
Kelly Wilken
room #205

FIT & FAB: HEALTH FOR A LIFETIME



Panelists: SheNesia S. Ewing, Patrice Malena, Brooke Ward, Mariza Watson, Beth Wright

room #203

THE FASHIONISTA VETERAN: 10 TIPS TO TRANSITION YOUR WARDROBE FROM CAMO TO CORPORATE



Speaker: Raquel Riley Thomas

room #204

1:30 PM

VISIT EXHIBITS / PHOTO BOOTH AND NETWORKING / WITNESS TO WAR INTERVIEWS

1:30 PM - 3:00 PM

12:30 PM - 1:30 PM